

February 09

Silla Taekwon-Do Newsletter

Upcoming events

27th February to 1st March

Midlands Regional Camp:

This is our annual regional camp, similar to the kids camp, but with all ranks and ages. I will be there as will Mr Skedgwell and the regions other instructors. This is a great opportunity to learn from the instructors that you don't see too often, such as Mr Cale from Gisborne.

7th March (Now confirmed)

Interclub tournament challenge:

We have been challenged by the Hwa Rang clubs, and the Tauranga Academy Clubs as well, to a tournament. You are all entering! Even if it's just for patterns, cost will be \$10!

These interclub tournaments are a great way to try your sparring out in a friendly, very little pressure environment. Trainee Referee's and Judges will also be practising, hence the low contact level with sparring, and yes, you can learn this skill as well. I encourage you all to try sparring in this environment and have fun.

19th March

Pre-Grading:

This is for the upcoming grading in April. Any student wanting to grade will need to pass their pre-grading as per usual. You will not be put forward for the grading until you have reached the required standard, so please make sure you have gone over in class what you have to do and practised it at home!

31st March

International Tournament Seminar:

Any students serious about sparring should be at this seminar. It's \$30, but you will be training with Master van de Mortel, a Taekwon-Do legend. He has trained the best teams and individuals in the world to win gold at the world champs, and best of all, he is coming to Tauranga. This doesn't happen often, so take advantage of it. I will be there, as will Mr Skedgwell.

4th April

Coloured belt grading:

To be held at the Otumoetai Action Centre. 7 gups and below (green stripes) will be forming up at 9:30 with the rest at 12:30. The examiner is Mr Andrew Salton, you can see and read about Mr Salton on the ITFNZ website. Do not be late!

May 2-3rd

Black Belt Grading:

This is an event not to be missed. The clubs assistant instructor Mr Skedgwell is sitting his grading for 3rd Dan right here in Tauranga. These gradings only happen in Tauranga every 5 years or so, so don't miss out. The grading is 2 days long and the Sunday afternoon session is open for you to come and watch and lend your support to him. He isn't the only candidate, also grading is regular Silla guest Kara Timmer, as well as Hayley Rosser & Jamie Teasdale to name a few. In all 16 are grading at this stage. Bring your families, it's free, and you can see what you will have to do one day!

May 17th

Star series Tournament 1:

This is likely to be in Ack, I have room to take 2 more students. First in first serve. Lets get as many going to compete as possible, details to come soon.



Anybody recognise the young lady in the middle?

ITFNZ Annual Subs:

These are due in January and are:

\$20 per person

\$40 per family

These fees are not mine, but are for ITFNZ (our parent organisation). Without them you cannot grade, go to camps, seminars; in fact, I cannot teach you without these fees paid. They are yearly, and are due this month. I will be required to re-register you this month, so if you haven't paid, please do so ASAP, because as from the end of February I will not be able to continue teaching you.

The New Year:

There is a lot happening in the beginning of this year, so please visit the website often. This is where I will put all the information I can, and it's always up to date. Also remember, if you have anything you would like to put on the website, please let me know

This months contest:

Name all the Regional Directors and their areas in ITFNZ

Your prize: \$20 financial freedom (open to all Silla students)

Januaries proverb:

Be the master of your will & the slave of your conscience. (Hasidic)

Student of the Month

No student of the month for January...

Website news

The address is:

www.sillataekwondo.com