

# Silla Taekwon-Do

## Student Agreement

### In General:

Taekwon-Do is a contact martial art, as you can see. If you want to learn, and you apply yourself, you will do well and I will be happy to have you as a student. If on the other hand, you do not practise, or you disrupt the class in any way, or you are disrespectful to the instructors or any other student, you will be asked to leave. The physical aspect of the art is only half the story, mental discipline is also required and taught.



### Club Rules:

- No yeps, yips, or yes's...always yes sir or no sir
- Idle jibba jabba is not permitted, or tolerated
- No smoking in or near the Do Jang (training area)
- No folding arms or hands on hips
- If you're grumpy, don't bring it to training
- 100% effort is required at all times
- Any student under the influence of alcohol or drugs at training will be expelled
- Using Taekwon-Do, except in a self defence situation, will result in expulsion
- Disagreeing or arguing with the instructor, or not following instructions is not permitted or tolerated

I \_\_\_\_\_ agree to abide by the club rules at all times. I am aware that breaking club rules will result in push-ups in most cases, or expulsion for constant or severe rule breaking.

\_\_\_\_\_ (Student signature)

\_\_\_\_\_ (Date)



국제태권도연맹  
INTERNATIONAL TAEKWON-DO FEDERATION

Founded the 22nd of March 1966 in Seoul, South Korea